



## **Vegetables by Forty French Chefs**

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# Vegetables by Forty French Chefs

*Patrick Mikanowski, Lyndsay Mikanowski, Grant Symon*

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176 pages

Présentation de l'éditeur

Thirty-five of France's most prominent chefs share recipes that will make even the most resistant vegetable snubber reach for a fork. The chefs—including pastry god Pierre Hermé, l'Arpège's elegant Alain Passard, and grande dame of Parisian cuisine Hélène Darroze—create eye-catching and satisfying recipes with vegetables ranging from spinach and broccoli to rhubarb and sweet peas, from leeks and beets to fennel and artichokes. *Vegetables* offers a fresh, new view of French culinary trends. *Vegetables* opens with a vegetable patch tour featuring Joël Thiébault, a respected French farmer who delivers his amazing produce to the doorsteps of prominent French foodies including cookbook maven Patricia Wells. Joël offers tips for growing your own produce or selecting the best vegetables at market, along with the history and nutritional properties of the featured vegetables. *Biographie de l'auteur*

Patrick Mikanowski, an international food development and advertising consultant, is passionate about flavors. He trained as an art director and has traveled the world, meeting chefs and seeking out the best in food. He is the author of *Uncooked*, *Tomate*, and *Patate*, which was awarded Cookbook of the Year at the Gourmet Media World Festival. Lyndsay Mikanowski is a landscape designer with a university background in history, sociology, and anthropology. She is the coauthor of *Uncooked*, *Tomate*, and *Patate*. Grant Symon, a photographer from Scotland, is a specialist in advertising and design. His cover for *Uncooked* won the award for "Best Cookbook Cover" at the World Cookbook Awards in 2004.

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